

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast Club 7:30 am – 8:45 am	Breakfast Club 7:30 am – 8:45 am	Breakfast Club 7:30 am – 8:45 am	Breakfast Club 7:30 am – 8:45 am	Hope Voices United (Virtual or In Person) 7:30 am – 8:45 am	Smoothie Class 7:30 am – 9:30 am
<p>GED 9:00 am – 11:45 am (Virtual or In Person) (Rotates)</p> <p>Ability 360 9:00 am – 11:45 am (Rotates)</p> <p>Recovery Hike South Mountain 9:00 am – 11:45 am (Pending Availability) (Rotates)</p> <p>Moral Reconation Therapy (MRT) 9:00 am – 11:45 am (Virtual or In Person) (Amon)</p> <p>12 Step Meeting Narcotics Anonymous (Community) 11:30 am – 1:30 pm (Rotates)</p>	<p>Robinson Ranch (Equine Therapy) 9:00 am – 11:45 am (Tuesdae)</p> <p>Self-Care/Self-Esteem 9:00 am – 11:45 am (Virtual or In Person) (Rotates)</p> <p>12 Step Meeting Narcotics Anonymous (Community) 11:30 – 1:30pm (Rotates)</p>	<p>Forging a Higher Path: The Spiritual Domain 9:00 am – 11:45 am (Virtual or In Person) (Shane)</p> <p>Ability 360 9:00 am – 11:45 am (Rotates)</p> <p>PSSG 9:00 am – 11:45 am (Virtual or In Person) (Tuesdae)</p> <p>Stardust IN Kind 10:30 am – 12:30 pm 3rd Wednesday (Julie)</p>	<p>Thinking For A Change (T4C) 9:00 am – 11:45 am (Virtual or In Person) (Amon)</p> <p>Ability 360 9:00 am – 11:45 am (Rotates)</p> <p>Lake/River Outing 9:00 am – 1:00 pm (Julie)</p> <p>Interpersonal Communication 9:30 am – 11:45 am (Virtual or In Person) (Carmina)</p>	<p>Budgeting Class/Outing 9:00 am – 11:45 am (Virtual or In Person) (Rotates)</p>	<p>Drama Class 9:00 am – 11:00 am (Éva)</p> <p>Movie Theater & Recovery Lunch (Once per Month) 9:30 am – 1:30 pm (Rotates)</p> <p>Community Event/ Activity & Recovery Lunch 9:30 am – 12:30 pm (Rotates)</p> <p>Travel Training (As Needed) 9:30 am – 1:00 pm</p>
Nutrition Kitchen 12:00 pm – 1:00 pm	Nutrition Kitchen 12:00 pm – 1:00 pm	Nutrition Kitchen 12:00 pm – 1:00 pm	Nutrition Kitchen 12:00 pm – 1:00 pm	Nutrition Kitchen 12:00 pm – 1:00 pm	Nutrition Kitchen 12:00 pm – 1:00 pm
<p>Recovery Activity 1:15 pm – 2:45 pm (Rotates)</p> <p>Bowling 12:45 pm – 3:00 pm (Rotates)</p> <p>Pre-Vocational Skills 3:00 pm – 4:00 pm</p>	<p>Recovery Activity 1:15 pm – 2:45 pm (Rotates)</p> <p>Pre-Vocational Skills (Clothing Closet) 1:30 pm – 3:00 pm (Julie)</p> <p>Ability 360 12:45 pm – 3:00 pm (Rotates)</p> <p>Clothing Closet 1:30 pm – 3:00 pm (Julie)</p>	<p>Food Handler’s Card 1:15 pm – 2:45 pm (Alicia)</p> <p>Recovery Activity 1:15 pm – 2:45 pm (Rotates)</p> <p>Pre-Vocational Skills 3:00 pm – 4:00 pm</p>	<p>Waste Not 1:15 pm – 2:45 pm (Tuesdae)</p> <p>Pre-Vocational Skills (Clothing Closet) 1:30 pm – 2:30 pm (Rotates)</p> <p>Music Appreciation 1:15 pm – 2:45 pm (Rotates)</p> <p>Clothing Closet 1:30 pm – 2:30 pm (Rotates)</p> <p>GED 1:15 pm – 2:45 pm (Virtual or In Person)</p>	<p>Recovery Bingo/Games 1:15 pm – 2:45 pm (Rotates)</p> <p>Bowling 12:45 pm – 3:00 pm (Rotates)</p> <p>Pre-Vocational Skills 3:00 pm – 4:00 pm (Julie)</p>	<p>Recovery Activity 1:15 pm – 3:45 pm (Rotates)</p> <p>Art/Craft Resource Center Class 1:00 pm – 3:00 pm Once a Month (Rachel)</p>
<p>Jewelry Workshop 12:45 pm – 2:45 pm (Chase)</p>	<p>Jewelry Workshop 12:45 pm – 2:45 pm (Chase)</p>	<p>Jewelry Workshop 12:45 pm-2:45 pm (Chase)</p>	<p>Jewelry Workshop 12:45 pm – 2:45 pm (Chase)</p>	<p>Jewelry Workshop 12:45 pm – 2:45 pm (Chase)</p>	
Center Clean Up 4:00 pm – 5:00 pm (All Staff) (Earn Hope Bucks)	Center Clean Up 4:00 pm – 5:00 pm (All Staff) (Earn Hope Bucks)	Center Clean Up 4:00 pm – 5:00 pm (All Staff) (Earn Hope Bucks)	Center Clean Up 4:00 pm – 5:00 pm (All Staff) (Earn Hope Bucks)	Center Clean Up 4:00 pm – 5:00 pm (All Staff) (Earn Hope Bucks)	Center Clean Up 4:00 pm – 5:00 pm (All Staff) (Earn Hope Bucks)

HOPE LIVES IS CLOSED ON THE 4th MONDAY OF EACH MONTH FOR ALL-STAFF SUPERVISION

Hair Cuts Every 1st Tuesday of the Month in the Afternoon

Forensic Support Monday Morning (MVD 1st Monday, DES 2nd Monday, S.S. 3rd Monday)

St. Mary’s Mobile Pantry Every 3rd Tuesday 8am-12pm (Must Have Identification)

Food Rescue Resource and Other Resources Offered at HOPE LIVES Tuesday, Thursday, Friday

Members Must Participate In One Hour of Class/Group to Receive a Meal Ticket for Nutrition Kitchen