

Phx Center	8a-3p Mon-Sat
Flagstaff Center	please call the educational center at (928) 315-9189 for daily hours of operation
Current Educational Center Activities/Programs (only serving groups of 10 at this time and 1:1 supports)	<ul style="list-style-type: none"> • Forensic peer support • Survivors of suicide peer support group • Thinking for a change • Equine therapy • Nutrition kitchen • Vitality club/hiking • Jewelry making lab (only serving groups of 2 at this time) • Drama workshop • Forensic peer support training certification • Substance use treatment/supports: AA/NA • Heartmath • Financial coaching budgeting • Community of care: St. Mary's Mobile Pantry
Telehealth/Video Conferencing Programs	<ul style="list-style-type: none"> • Forensic peer support • Survivors of suicide peer support group • Moral reconnection therapy • Motivational interviewing • Recovery talk • Creating a personal vision of recovery • Illness management and recovery • The importance of self-talk • Drama workshop • Setting wellness goals • Healthy lifestyle assessment • Forging a higher path: the spiritual domain • Interpersonal communications • Substance use treatment/supports: AA/NA • Family support services • Stage of change: employment • Cultural competency: embracing diversity (101), LGBTQIA (200), social justice (300) • General education diploma prep support (GED) • Financial coaching budgeting • Smoking cessation • Ladders of change • Adverse childhood experiences
Cancelled Programs/Community Activities due to Pandemic	<ul style="list-style-type: none"> • Ability 360/Spofit • Travel training • Bowling • ASIST • Topgolf • library